

April Starting Classes

To Enroll Contact Barjon's Books
(406)252-4398 or (800)788-4318

April 3, Tuesday Full Moon Drumming Circle

Description: Anyone with a love of rhythm or wanting to develop one is welcome to participate. Bring a drum, rattle, anything to keep time with and join in for a couple of hours of sound and movement. The Full Moon Drumming Circle is a monthly event at Barjon's. Keep your eye on the night sky and check our calendar for this moving lunar celebration.

Instructor: Pass it around, and keep it going!

Fee: Free Admission

7:00 - 8:30 pm

1 Session

April 5, Thursday Wicca: Use of Stones in Magick

Description: Learn the meanings of stones, crystals and gems, how to identify them, and their use and application in rituals, spells and on your altar.

Instructor: Moon Eagle, Wiccan High Priestess

Fee: \$18.00

7:00 - 8:30 pm

1 Session

April 6, Friday Dowsing & Water Witching

Description: This is an interactive, hands-on class. Many divining tools will be tested, including pendulums & rods. Many kinds of "finding" will be shown, including hidden or lost items, dowsing for water, minerals, precious metals as well as auras, energy projections. (Please bring a wire coat hanger)

Instructor: Edris Gaicomim has over 40 years dowsing experience. She is a member of the Oregon Dowsing Society, Montana Dowsing Society, The Fellowship of Inner Light, and PSI Seminars.

Fee: \$10.00

7:00 - 9:00 pm

1 Session

April 7, Saturday Living Inside Out: The Power of Masks in Healing

Description: This day-long workshop will focus on exploring the dynamic archetypal layers of the psyche through discussion, active imagination, and actual work, making individual masks from plaster gauze. Through the means of mask-making, you will be able to explore and discover deeper levels of your inner nature comfortably and within your own limits. Participants are encouraged to bring glitter, feathers and anything else that you want to include in your mask.

Instructor: C. Jane Estelle, Ph.D., Depth Psychologist and Board Certified Art Therapist. Dr. Estelle's focus is on the power of imagery in healing. She has been in practice for 20 years.

Fee: \$75.00

9:00am - 4:00pm

1 Day-Long Session

April 9, Monday The Gifts of Self Healing Natural Tools for Balance

Description: In this class we will learn many methods for self-healing and wellness. We will explore a variety of modalities aimed at opening to spirit and relaxation. Ayurvedic self-massage, breathwork, deliberate intent, flower essences, meditation, diet, essential oils and much more. This class is designed to give us practical tools for your daily use and a general overview of the basis of health and happiness. Supplies: notebook, comfortable clothing, blanket

Instructor: Sharon Winnett, MS, CMP, Reiki Master. has over 25 years of combined experience in the healing arts. She is a massage practitioner, Reiki Master, and has a private practice in Billings, Energetic Therapy.

Fee: \$60.00

6:30 - 9:00 pm

2 Sessions

April 9 & 16 (Mondays)

April 10, Tuesday The Gift in Burnout

Description: Are you feeling constantly exhausted, overwhelmed, and bombarded from too much to do, too much to process, too much responsibility? Be a THRIVER instead of a SURVIVOR. Join us in a day of finding creative ways to turn stress back into energy and enthusiasm.

Instructor: Sally Keele, B.S.Ed, and co-creator of Harmony Gardens, an Educational Resource Service for parents, teachers and childcare providers. She specializes in the development of the full human potential through the creative spirit.

Fee: \$26.00

7:00-9:00 pm

1 Session

April 11, Wednesday Spiritual Creative Writing *Expressing and Exploring the Voice of Your Spirit*

Description:

Each person has their own inner author within and we are focusing on releasing this voice. There will be simple writing exercises, handouts for home journaling, and time for sharing with others. This class is intended to be fun and stimulating, to discover who we are and how to let more pleasure into our journey.

Instructor: Sharon Winnett, MS, CMP, Reiki Master. has over 25 years of combined experience in the healing arts. She is a certified massage practitioner, Reiki Master, and has a private practice in Billings, Energetic Therapy.

Fee: \$70.00

7:00 - 9:00 pm

3 Sessions

April 11, 18 & 25 (Wednesdays)

April 12, Thursday Wicca: Candles in Magick

Description: Learn how to dress and carve candles, how to understand and apply color meanings, and the various forms of candles. Candle making will also be discussed.

Instructor: Moon Eagle, Wiccan High Priestess

Fee: \$18.00

7:00 - 8:30pm

1 Session

April 14, Saturday Basic Bellydance

Description: For the fresh beginner, and the beginner needing to re-fresh before moving to the next level! All elements of Bellydancing are introduced in the eight weekly sessions.

Instructors: Julia Murphy and Laura Harper both have several years' experience in all areas of bellydance: steps, veils, sword and elements, costume design, jewelry, and make-up.

Fee: \$60.00

9:30 - 11:00am

8 Sessions

April 14, Saturday Intermediate Bellydance

Description: Pre-requisite: Basic Belly Dance. Need not have been taken with these instructors.

Instructors: Julia Murphy and Laura Harper both have several years' experience in all areas of bellydance: steps, veils, sword and elements, costume design, jewelry, and make-up.

Fee: \$60.00

11:15 am - 12:45 pm

8 Sessions

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April 17, Tuesday Enjoy an Earth-Friendly Lifestyle

Description: Consider our everyday purchases of food, cleaning supplies and personal hygiene products. Consider our ways of getting around and enjoying entertainment, travel and the convenient devices our society is known for. Kris Prinzing will show us how to live the good life while respecting and supporting our community and our planet's resources.

Instructor: Kris Prinzing is the Director of Operations for the MusEco Media and Education Project. 100 Poly Drive, Billings, MT
www.musEco.org

Fee: FREE Admission (a free-will offering will be taken to benefit MusEco Education Programs.)

7:00 - 8:00pm

1 Session

April 18, Wednesday Spirit Message Circle

Description: In these interesting and uplifting group readings, Elizabeth Almann channels messages from spirit guides and angels and explains concepts about intuition and healing of interest to the group.

Instructor: Elizabeth Almann, M.Ed.; Intuitive Guidance, Energy Healing, & Personal Development Classes

Fee: \$22.00

6:30 - 8:30pm

1 Session

April 19, Thursday Wicca: Drawing a Circle

Description: Learn the basic and intermediate ways of circle casting, including realistic application and elemental, guardian and angel references.

Instructor: Moon Eagle, Wiccan High Priestess

Fee: \$18.00

7:00 - 8:30pm

1 Session

April 23, Monday How to Get Type II Diabetes

Description: A century ago Type II Diabetes was a medical curiosity; today it is epidemic. Unforeseen consequences of diet and lifestyle changes have caused this, but there is strong evidence that this is reversible in ways that are not hard and not unpleasant. In three classes, Dr. Mauney will show the current evidence for the nature of the disease, its causes, and the means to heal.

Instructor: Dr. Thad Mauney holds a Ph.D. in Chemistry and offers personalized counseling in restorative nutrition.

Fee: \$15.00 per class
Class 1 of 3 (Series)
You may attend any or all of the three classes.

7:00 - 8:30pm

April 23, 30 and May 7 (Mondays)

April 24, Tuesday Hypnotherapy: Easy To Understand and Use

Description: This workshop will provide an overview of hypnotherapy plus practical tools for daily life. Participants will experience a group hypnotherapy session and training to continue self hypnosis. These techniques can be used to address problems of physical health, addictions, memory, emotional swings and general well being. In these days when many people feel overwhelmed this method will help you take control of your life. This is a very safe environment and self disclosure is not required.

Instructor: Dan Geiger MS, a native of Billings, has practiced psychology for the past 35 years and has studied and taught in 40 countries on 5 continents. He is currently an adjunct professor of psychology and counseling at MSU-B and has a private practice specializing in hypnotherapy.

Fee: \$25.00

7:00 - 8:30 pm

1 Session

April 26, Thursday Herbs For Magical Purposes I

Description: In this four-class series, we will cover important herbs and their uses in magic, why we use herbs in magic, how to charge your herbs, various methods of herbal use i.e. poppets, talismans. You may attend any or all of the four classes. This first class will give you an introduction to herbs, resources, gathering and tools. A packet & supplies will be provided.

Instructor: Moon Eagle, Wiccan High Priestess

Fee: \$25.00 per class

Class 1 of 4 (Series)

You may attend any or all of the four classes.

7:00 - 8:30pm

April 26, May 3, 10 & 17 (Thursdays)

April 27, Friday 4th Friday Reading Group

Description: On the 4th Friday of each month Barjon's hosts a reading group. Each month a different book is the topic of discussion.

This month's book: *The Sound of Paper* by Julia Cameron

This event is a fun way to connect with like-minded people and explore different views and ideas.

Featured book will be 10% off during the month of April. (\$11.65)

Moderator: Ruhiiyyih, Barjon's Staff Member

Fee: FREE Admission (pre-registration is encouraged, but not required)

7:00 - 8:00 pm

1 Session

April 28, Saturday Mind Mapping...Dance Your Stories

Description: This unique class combines Mind Mapping – a graphic technique that allows us to access cortical skills using words, images, logic and color – with the physical expressions of moving or dancing to music. This powerful combination of techniques offers a wonderfully creative and freeing experience.

Moderator: Joan Belle Nemeth, Mind Mapping Facilitator; and Kimberly Clausen, Soul Dance Founder.

Fee: \$18.00 (\$15.00 with pre-registration)

1:00 - 2:30pm

1 Session

April 30, Monday How to Un-Get Type II Diabetes

Description: A century ago Type II Diabetes was a medical curiosity; today it is epidemic. Unforeseen consequences of diet and lifestyle changes have caused this, but there is strong evidence that this is reversible in ways that are not hard and not unpleasant. In three classes, Dr. Mauney will show the current evidence for the nature of the disease, its causes, and the means to heal.

Instructor: Dr. Thad Mauney holds a Ph.D. in Chemistry and offers personalized counseling in restorative nutrition.

Fee: \$15.00 per class

Class 2 of 3 (Series)

You may attend any or all of the three classes.

7:00 - 8:30pm

April 23, 30 and May 7 (Mondays)



For the most current listing of
upcoming classes & events please visit...
www.barjonsbooks.com